



# Curriculum Newsletter

Summer 2 2023



## This half term in Southsea Castle

### Our Big Questions

We have 4 key questions this half term.

What do humans and animals need to live a healthy and positive life?

How can we use the arts to make us feel calm?

How could having a healthy lifestyle make us feel good?

What is special about me?

In school, we have already had a fantastic start to the half term with a visit from some fascinating animals, including snakes, bearded dragons, giant snails and hissing cockroaches. In communication, we will be writing leaflets and posters about how to care for animals. We are also hoping to use our persuasive skills to convince Sally that we can care for Guinea pigs in our animal care room. Our core learning during this project is focused on using tables and graphs to present information and we are beginning to make use of our individual laptops for learning across the curriculum.

We are looking forward to a school trip to the theatre as part of our Arts project. There are lots of talented pupils in school and we look forward to seeing their musical, artistic and performing abilities.

Pupils have already begun to use art to support regulation and they will have opportunities to get creative and hone their artistic skills during this project.

During our sports project, we will be going to Fort Purbrook to learn how to do archery. Our PSHE focus will be looking at healthy lifestyles including the importance of a balanced diet and our physical and mental health.

We look forward to welcoming families into school for parents evening this half term. It will be a great opportunity to celebrate the progress pupils have made in their first term and share our wonderful school with families.

## New staff

We welcomed Lorna to our staff team this half term. She will be spending each morning in Southsea Castle.



My favourite was the snakes. I liked holding them.

I loved seeing all the animals.



## Family Support Resources

We are focusing a lot on healthy lifestyles this term through various project so talking about a balance diet and encouraging exercise would support pupils with their learning. Here is a website that can support with this including some recipes that you could try as a family

[www.nhs.uk/healthier-families/](http://www.nhs.uk/healthier-families/)

We are also talking about being calm and activities that support us to be calm. You could try a family activity such as yoga or mindfulness colouring or perhaps talk about what you hear, see, smell and feel as you are on a walk.

[www.nhs.uk/mental-health/self-help/tips-and-support/mindfulness/](http://www.nhs.uk/mental-health/self-help/tips-and-support/mindfulness/)

Meditation is another way to support us to be calm. Here is a good youtube channel that you could use: New Horizon - Meditation & Sleep Stories

<https://www.youtube.com/channel/UCjW-3doUmNsyY5aLQHLiNXg>

We will be finishing the term focusing on what makes each of us special, as the people know the children best, we would appreciate you chatting to them about their interests, skills, ambitions and what you love about them.

We will be going to Fort Nelson on a trip. This is free to visit and you may wish to take a tour before our trip or check out the website. A social story will be sent home.

<https://royalarmouries.org/venue/fort-nelson>

# Upcoming Events

Archery at Fort

Purbrook

Wednesday 21st June

Parents evening

4th July (Letter to be shared shortly)

Fort Nelson

6th July Warrior

7th July Square Tower

14th July Southsea Castle

Theatre trip to

Groundlings Theatre

Wednesday 12th July

A social story will be sent home for each event.



Check out our school Facebook page for updates and the exciting things we've been up to. Simply search for 'The Wymering School'.

